

SASKATOON

LASERS

SWIMMING

CLUB RECORDS

Female 10 years & Under							Male 10 years & Under						
<i>** Denotes Provincial Record</i>							<i>** Denotes Provincial Record</i>						
EVENT	SHORT COURSE			LONG COURSE			EVENT	SHORT COURSE			LONG COURSE		
50 FREE	31.4	Drew Matthews	4-Feb	31.73	Laura Grant	1994	50 FREE	29.63**	Doug Wake	1988	34.45	James Burkell	7-May
100 FREE	1:11.39	Laura Grant	Mar/94	1:12.80	Laura Grant	Apr/94	100 FREE	1:04.72**	Doug Wake	1988	1:09.10	Justin Dubois	Apr/92
200 FREE	2:32.48	Sandra Shinkewski	1981	2:20.63	Kari Kuz	Jul/89	200 FREE	2:18.52**	Doug Wake	1987	2:53.11	James Burkell	May/07
400 FREE	5:21.80	Sandra Shinkewski	1981	5:29.08	Laura Grant	1994	400 FREE	4:52.15**	Doug Wake	1988	6:25.54	Cody Guskjolen	Jul/98
800 FREE	11:17.50	Laura Grant	1994				800 FREE						
1500 FREE	23:59.00	Jordan Quick	Dec/00				1500 FREE	22:58.42	Justin Dubois	1993			
50 BACK	36.43	Drew Matthews	Feb/04	37.99	Laura Grant	1994	50 BACK	38.87	Lee Grant	Feb/98	38.44	Lee Grant	Jul/98
100 BACK	1:24.08	Drew Matthews	Feb/04	1:22.50	Laura Grant	1994	100 BACK	1:16.55**	Justin Dubois	Mar/93	1:19.48	Justin Dubois	Apr/93
200 BACK	2:55.94	Laura Grant	1994	3:00.90	Laura Grant	1994	200 BACK	2:42.91	Jamie Wake	1990	3:04.60	Lee Grant	Jul/98
50 BREAST	43.25	Danielle Dubois	1989	44.72	Laura Grant	1994	50 BREAST	44.49	Cody Guskjolen	Feb/98	45.28	Cody Guskjolen	Jul/98
100 BREAST	1:34.66	Danielle Dubois	1989	1:37.11	Laura Grant	Apr/94	100 BREAST	1:27.67**	Doug Wake	1988	1:30.84	Justin Dubois	Jun/93
200 BREAST	3:33.08	Tara Thompson	Mar/00	3:25.56	Laura Grant	1994	200 BREAST	3:07.15**	Justin Dubois	1993	3:32.62	Cody Guskjolen	Jul/98
50 FLY	34.78	Drew Matthews	Feb/04	36.74	Kendra Chernoff	Dec/01	50 FLY	33.65**	Doug Wake	1987	41.94	Mike Smela	Jul/97
100 FLY	1:23.52	Sandra Shinkewski	1981	1:21.80	Laura Grant	Apr/94	100 FLY	1:14.39**	Doug Wake	1987	1:23.02	Justin Dubois	Apr/93
200 FLY							200 FLY				3:22.01	Lee Grant	Jul/98
100 I.M.	1:22.83	Laura Grant	1994				100 I.M.	1:21.03	Justin Dubois	1992			
200 I.M.	2:56.51	Laura Grant	Mar/94	2:57.49	Laura Grant	Apr/94	200 I.M.	2:41.24**	Doug Wake	1988	2:50.31	Justin Dubois	Apr/93
400 I.M.							400 I.M.	5:59.04	Justin Dubois	1993			
Female 11-12 years							Male 11 - 12 years						
<i>** Denotes Provincial Record</i>							<i>** Denotes Provincial Record</i>						
EVENT	SHORT COURSE			LONG COURSE			EVENT	SHORT COURSE			LONG COURSE		
50 FREE	27.46	Drew Matthews	Dec/05	28.98	Drew Matthews	Jul/05	50 FREE	26.48	Doug Wake	Feb/90	28.32	Doug Wake	Jul/89
100 FREE	1:00.43	Drew Matthews	Dec/05	1:03.27	Drew Matthews	May/06	100 FREE	57.18**	Doug Wake	Feb/90	1:00.13**	Doug Wake	Jul/89
200 FREE	2:14.09	Kelly Sommerfeld	Feb/90	2:17.88	Kari Kuz	Jul/89	200 FREE	2:01.59**	Doug Wake	Feb/90	2:08.01**	Doug Wake	Jul/89
400 FREE	4:44.71	Kelly Sommerfeld	Dec/89	4:53.52	Kari Kuz	Jul/89	400 FREE	4:20.46**	Doug Wake	Feb/90	4:31.26**	Doug Wake	Jul/89
800 FREE	9:54.32	Courtney Kapustianyk	Feb/02	10:04.44	Kari Kuz	Jul/89	800 FREE	9:51.98	Nick Berrns	Feb/02	9:43.90	Chris Smela	1994

1500 FREE	19:24.59	Courtney Kapustianyk	Feb/02	20:58.67	Courtney Kapustianyk	Mar/01	1500 FREE	7:33.99*	Doug Wake	Feb/90	18:15.73	Doug Wake	Jul/89
50 BACK	32.64	Drew Matthews	Mar/06	33.13**	Drew Matthews	Jul/05	50 BACK	33.24	Alex Donald	Feb/03	34.74	Justin Dubois	1995
100 BACK	1:09.85	Kendra Chernoff	Feb/04	1:11.89	Drew Matthews	May/06	100 BACK	1:08.05	Doug Wake	Feb/90	1:13.28	Doug Wake	Jun/89
200 BACK	2:34.12	Kendra Chernoff	Nov/03	2:40.42	Brittany Robson	May/02	200 BACK	2:27.86	Doug Wake	Jan/90	2:33.46	Doug Wake	Jun/89
50 BREAST	37.70	Drew Matthews	Oct/05	39.60	Drew Matthews	Mar/06	50 BREAST	35.99	Michael Smela	Dec/99	39.03	Steven Hitchings	1994
100 BREAST	1:20.53	Kelly Sommerfeld	Jan/90	1:26.92	Lindsay Osborn	Apr/92	100 BREAST	1:16.09**	Michael Smela	Dec/99	1:23.04	Gary Sholer	Mar/86
200 BREAST	2:52.04	Laura Beard	1982	3:06.07	Caroline Kowal	Apr/88	200 BREAST	2:44.39**	Michael Smela	Dec/99	2:56.07	Doug Wake	Jul/89
50 FLY	29.86**	Kendra Chernoff	Feb/04	30.37**	Drew Matthews	Jul/05	50 FLY	31.73	Steven Hitchings	Mar/95	31.66	Michael Smela	Jul/99
100 FLY	1:05.34**	Kendra Chernoff	Feb/04	1:09.21	Kendra Chernoff	Jun/03	100 FLY	1:02.88**	Doug Wake	Feb/90	1:11.33	Doug Wake	Apr/89
200 FLY	2:34.00	Kari Kuz	1989	2:34.00	Kari Kuz	Jul/89	200 FLY	2:18.47**	Doug Wake	Feb/90	2:41.34	Doug Wake	Jun/89
100 I.M.	1:16.89	Courtney Kapustianyk	Oct/01				100 I.M.	1:13.04	Michael Smela	Oct/99			
200 I.M.	2:32.01	Kelly Sommerfeld	Feb/90	2:37.41	Drew Matthews	May/06	200 I.M.	2:17.72**	Doug Wake	Feb/90	2:27.17**	Doug Wake	Jul/89
400 I.M.	5:32.62	Courtney Kapustianyk	Nov/01	5:34.82	Drew Matthews	May/06	400 I.M.	5:00.91**	Doug Wake	Feb/90	5:17.07	Doug Wake	Apr/90
Female 13-14 years						Male 13 - 14 years							
** Denotes Provincial Record						** Denotes Provincial Record							
EVENT	SHORT COURSE			LONG COURSE			EVENT	SHORT COURSE			LONG COURSE		
50 FREE	27.00	Drew Matthews	Aug/07	27.37	Drew Matthews	Jul/07	50 FREE	25.36	Michael Smela	Nov/01	25.88	Michael Smela	May/01
100 FREE	59.07	Drew Matthews	Aug/07	59.99	Drew Matthews	Jul/07	100 FREE	55.75	Michael Smela	Mar/01	57.03	Chris Smela	Jul/96
200 FREE	2:09.18	Courtney Kapustianyk	Nov/02	2:11.41	Drew Matthews	Apr/08	200 FREE	2:00.62	Michael Smela	Nov/01	2:03.48	Chris Smela	Jul/96
400 FREE	4:31.80	Meta Woods	1980	4:47.65	Courtney Kapustianyk	Apr/02	400 FREE	4:20.39	Nick Berrns	Nov/03	4:23.36	Chris Smela	Jul/96
800 FREE	9:24.18	Meta Woods	1980	9:56.07	Rhiannon Leier	May/92	800 FREE	8:57.07	Nick Berrns	No/03	9:57.72	Geoff Waugh	April/05
1500 FREE	19:59.07	Emily Donald	Jan/06	21:35.28	Pamela Olver	Mar/00	1500 FREE	17:03.38	Chris Smela	Mar/96	17:52.17	Chris Smela	Jun/96
50 BACK	32.13	Janet Cook	1994	33.13	Drew Matthews	Jul/06	50 BACK	30.62	Brody Fowler	Nov/01	32.14	Brody Fowler	Jun/01
100 BACK	1:07.65	Janet Cook	Mar/94	1:09.18	Janet Cook	Apr/94	100 BACK	1:06.32	Brody Fowler	Nov/01	1:08.64	Morrie Figley-McBeth	May/01
200 BACK	2:26.19	Janet Cook	Mar/94	2:31.90	Janet Cook	Jul/93	200 BACK	2:21.27	Daryl Shinkewski	1980	2:29.89	Morrie Figley-McBeth	Jul/96
50 BREAST	35.45	Rhiannon Leier	1991	37.76	Laura Grant	Jul/98	50 BREAST	33.51	Michael Smela	Nov/01	34.27	Michael Smela	Dec/01
100 BREAST	1:14.32	Rhiannon Leier	Mar/92	1:16.34**	Rhiannon Leier	May/92	100 BREAST	1:10.15	Michael Smela	Mar/01	1:13.73	Michael Smela	May/01
200 BREAST	2:41.13	Rhiannon Leier	Mar/92	2:44.79	Rhiannon Leier	May/92	200 BREAST	2:29.47	Michael Smela	Mar/01	2:39.35	Chris Smela	Jul/96
50 FLY	29.07	Drew Matthews	Dec/07	29.23	Drew Matthews	Jul/07	50 FLY	28.88	Steven Hitchings	Mar/97	30.24	Brody Fowler	Dec/01
100 FLY	1:03.99	Courtney Kapustianyk	Feb/04	1:05.93	Drew Matthews	Jul/07	100 FLY	1:02.29	Michael Smela	Mar/01	1:03.43	Doug Wake	Jun/90
200 FLY	2:19.96	Courtney Kapustianyk	Feb/04	2:27.23	Courtney Kapustianyk	Jun/03	200 FLY	2:19.64	Michael Smela	Mar/01	2:25.52	Doug Wake	Jun/90
100 I.M.	1:09.42**	Drew Matthews	Jan/08				100 I.M.	1:05.87	Michael Smela	Oct/01			
200 I.M.	2:23.83	Courtney Kapustianyk	Feb/04	2:34.36	Courtney Kapustianyk	Jun/03	200 I.M.	2:16.41	Michael Smela	Mar/01	2:21.27	Chris Smela	Jul/90
400 I.M.	5:14.25	Courtney Kapustianyk	Feb/04	5:23.05	Courtney Kapustianyk	Mar/04	400 I.M.	4:52.29	Michael Smela	Mar/01	5:06.82	Doug Wake	May/90
Female 15-17 years						Male 15 - 17 years							
** Denotes Provincial Record						** Denotes Provincial Record							
EVENT	SHORT COURSE			LONG COURSE			EVENT	SHORT COURSE			LONG COURSE		
50 FREE	26.66	Janet Cook	Nov/96	26.82**	Drew Matthews	Jul/08	50 FREE	24.69	Luke Heinrichs	Dec/07	25.23	Luke Heinrichs	Apr/08
100 FREE	57.53	Janet Cook	Mar/97	58.86	Drew Matthews	Jul/08	100 FREE	53.23	Guy Primeau	1979	55.71	Luke Heinrichs	Mar/08
200 FREE	2:05.61	Janet Cook	Jan/97	2:10.67	Drew Matthews	Jul/08	200 FREE	1:58.75	Guy Primeau	1979	2:006.46	Geoff Waugh	Jul/08
400 FREE	4:30.66	Janet Cook	Nov/96	4:40.50	Adrienne Ford	Jul/99	400 FREE	4:14.10	Paul Armstrong	Feb/98	4:22.92	Geoff Waugh	Jul/08
800 FREE	9:16.66	Meta Woods	1982	9:46.44	Janet Cook	Apr/96	800 FREE	8:56.48	Geoff Waugh	Feb/08	9:09.60	Geoff Waugh	Jul/08
1500 FREE	18:13.73	Colleen Elliott	Feb/06	18:46.97	Rhiannon Leier	Jul/92	1500 FREE	16:46.93	Geoff Waugh	Feb/08	17:18.98	Geoff Waugh	Jul/08
50 BACK	30.23	Janet Cook	1997	32.42	Janet Cook	1995	50 BACK	28.58	Alex Donald	Feb/08	29.30	Alex Donald	Jul/07
100 BACK	1:05.12	Janet Cook	Feb/97	1:07.94	Janet Cook	Apr/96	100 BACK	1:00.52	Alex Donald	Aug/07	1:03.02	Alex Donald	Jul/07
200 BACK	2:19.31	Adrienne Ford	Dec/99	2:25.21	Janet Cook	Jul/95	200 BACK	2:14.48	Justin Dubois	Feb/99	2:21.40	Alex Donald	Jul/07
50 BREAST	35.77	Rhiannon Leier	1992	37.78	Lindsay Osborn	1995	50 BREAST	31.95	Paul Armstrong	Feb/98	33.83	Steven Hitchings	Jul/99

100 BREAST	1:14.41	Rhiannon Leier	Dec/92	1:18.12	Rhiannon Leier	Jun/92	100 BREAST	1:06.93	Steve Loney	1979	1:12.73	Chris Smela	Jul/99
200 BREAST	2:40.96	Rhiannon Leier	Nov/92	2:45.06	Rhiannon Leier	Jul/92	200 BREAST	2:28.90	Steve Loney	1979	2:43.82	Chris Smela	Jul/99
50 FLY	28.89	Janet Cook	1996	29.89	Janet Cook	1995	50 FLY	26.22	Luke Heinrichs	Feb/08	26.50	Luke Heinrichs	Jul/07
100 FLY	1:03.43	Janet Cook	Mar/97	1:04.21	Janet Cook	Aug/96	100 FLY	57.34	Luke Heinrichs	Oct/07	1:00.25	Luke Heinrichs	Jul/07
200 FLY	2:19.12	Meta Woods	1982	2:27.92	Janet Cook	Jul/95	200 FLY	2:13.81	Chris Smela	Mar/99	2:20.03	Chris Smela	Jul/99
100 I.M.	1:11.92	Kimberly McWhirter	Oct/07				100 I.M.	1:03.72	Luke Heinrichs	Jan/08			
200 I.M.	2:29.00	Meta Woods	1982	2:30.35	Janet Cook	Apr/96	200 I.M.	2:13.61	Paul Armstrong	Feb/98	2:22.73	Alex Donald	Jul/07
400 I.M.	5:09.20	Rhiannon Leier	Dec/92	5:20.34	Janet Cook	May/96	400 I.M.	4:42.88	Paul Armstrong	Dec/97	5:07.14	Morrie Figley-McBeth	Jul/99
Senior Women							Senior Men						
<i>** Denotes Provincial Record</i>							<i>** Denotes Provincial Record</i>						
EVENT	SHORT COURSE			LONG COURSE			EVENT	SHORT COURSE			LONG COURSE		
50 FREE	26.37	Janet Cook	Nov/97	27.30	Janet Cook	May/96	50 FREE	24.33	Johnny Hewerdine	Mar/99	24.41	Johnny Hewerdine	Jul/99
100 FREE	57.53	Janet Cook	Mar/97	59.24	Janet Cook	Aug/97	100 FREE	52.59	Johnny Hewerdine	Feb/99	52.93	Johnny Hewerdine	Jul/99
200 FREE	2:05.14	Janet Cook	Oct/97	2:09.33	Janet Cook	Jun/97	200 FREE	1:55.00	Johnny Hewerdine	Dec/98	1:57.25	Scott Flood	1997
400 FREE	4:30.66	Janet Cook	Nov/96	4:40.50	Adrienne Ford	Jul/99	400 FREE	4:08.23	Paul Armstrong	Dec/98	4:08.51	Scott Flood	Aug/97
800 FREE	9:16.66	Meta Woods	1982	9:46.44	Janet Cook	Apr/96	800 FREE	9:10.21	Chris Smela	Oct/99			
1500 FREE	18:48.78	Adrienne Ford	Dec/00	18:46.97	Rhiannon Leier	Jul/92	1500 FREE	16:19.23	Johnny Hewerdine	Oct/98	17:39.50	Chris Smela	1997
50 BACK	30.23	Janet Cook	1997	31.65	Janet Cook	Jul/98	50 BACK	28.57	Morrie Figley-McBeth	Mar/00	30.09	Scott Flood	1997
100 BACK	1:04.65	Janet Cook	Nov/97	1:07.26	Janet Cook	Aug/98	100 BACK	1:00.72	Jason Venables	Feb/98	1:02.63	Scott Flood	1997
200 BACK	2:19.31	Adrienne Ford	Dec/99	2:21.94	Janet Cook	May/97	200 BACK	2:10.16	Johnny Hewerdine	Jan/99	2:17.30	Daryl Shinkewski	1981
50 BREAST	35.77	Rhiannon Leier	1992	37.78	Lindsay Osborn	1995	50 BREAST	30.10	Johnny Hewerdine	Mar/99	31.91	Johnny Hewerdine	Jul/99
100 BREAST	1:14.41	Rhiannon Leier	Dec/92	1:18.12	Rhiannon Leier	Jun/92	100 BREAST	1:05.40	Johnny Hewerdine	Mar/99	1:08.79	Johnny Hewerdine	Jul/99
200 BREAST	2:40.96	Rhiannon Leier	Nov/92	2:45.06	Rhiannon Leier	Jul/92	200 BREAST	2:21.21	Johnny Hewerdine	Dec/98	2:23.78	Johnny Hewerdine	Aug/99
50 FLY	28.31	Janet Cook	Nov/97	28.98	Janet Cook	Jun/97	50 FLY	26.07	Paul Armstrong	Feb/02	26.36	Johnny Hewerdine	Aug/99
100 FLY	1:02.62	Janet Cook	Nov/97	1:03.64	Janet Cook	Jun/97	100 FLY	57.09	Johnny Hewerdine	Mar/99	57.50	Johnny Hewerdine	Jul/99
200 FLY	2:19.92	Meta Woods	1982	2:27.92	Janet Cook	Jul/96	200 FLY	2:09.95	Paul Armstrong	Dec/98	2:18.99	Jim Graham	1976
100 I.M.	1:16.32	Jessie Nickolet	Oct/01				100 I.M.						
200 I.M.	2:25.16	Sheila Hewerdine	Dec/99	2:27.12	Janet Cook	Jun/97	200 I.M.	2:08.26	Paul Armstrong	Dec/99	2:08.64	Chris Taylor	Jul/95
400 I.M.	5:02.53	Sheila Hewerdine	Dec/99	5:16.47	Sheila Hewerdine	May/99	400 I.M.	4:34.73	Johnny Hewerdine	Dec/99	4:41.20	Chris Taylor	1980