Saskatoon Lasers



December 3-6, 2026

Shaw Centre
122 Bowlt Crescent
Saskatoon, Saskatchewan
306-975-7744

Meet Manager
Jessica Gibson
meetmanager@laserswimming.ca
306.501.4356

Officials
Brandy Petersen
officials@laserswimming.ca
306.229.0350

Entries
Marcia DaCosta
office@laserswimming.ca
306.290.9389

Meet Referee: Sharon Lyons

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SPORT. IT'S MORE THAN A GAME.

Bridge City Classic

The only meet package which will be considered as valid, is the most current version found on the Swimming Canada website at: Upcoming Meets - Swimming Canada or in the Registration and Event Management System (REMS).

Swimming Canada Warm-up Competition Safety Procedures will be in effect at this competition. **LINK**

Swimming Canada **Rules** **govern this** competition, except as specifically modified in this meet package. Competition Rules and Procedures contained in this Meet Information Package supersede those found within the Swimming Canada Rulebook.

The Para Swimming Rules found in Appendix B of the Swimming Canada Rules will apply for Para swimmers in this competition, except as modified in this meet package. Competition Rules and Procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

All participants in this event are reminded that they are bound by Swimming Canada's and Swim Saskatchewan Policies including but not limited to, the Code of Conduct and Ethics, Athlete Protection Policy, Social media policy as found in the Swim Sask's Safe Sport manual, which can be found HERE

Effective September 1, 2026, Rule C2.5.2.1 and its subsequent paragraphs will be enforced. Misconduct may include deliberate or negligent spitting, spouting water or blowing the nose in the pool or on deck immediately before the start; deliberately kicking or striking the starting platform or back plate; and unsafe or uncontrolled entry into the pool. Additional information and guidance are available on the Swimming Canada Rules webpage at Guidance-for-Officials-Management-of-Misconduct-rule-update-C2.5.2.1-08.05.26.pdf

1. **Type of Meet:** Bridge City Classic is an Invitational Meet
2. **Entry Deadline: 9:59pm on Tuesday November 24, 2026**.

   Entries Contact: Marcia DaCosta, office@laserswimming.ca, 306-290-9389

3. **Session Times:**

Thursday, December 3:

Warm-up: 3:30 – 4:30PM — **Session 1 Start**: 4:40PM

Friday, December 4:

Warm-up: 7:00 – 8:00AM — **Session 2 Start**: 8:10AM
Warm-up: 4:00 – 5:00PM — **Session 3 Start:** 5:10PM

Saturday, December 5:

Warm-up: 7:00 – 8:00AM — **Session 4 Start**: 8:10AM
Warm-up: 4:00 – 5:00PM — **Session 5 Start:** 5:10PM

Sunday, December 6:

Warm-up: 7:00 – 8:00AM — **Session 6 Start**: 8:10AM

Warm-up is only for swimmers registered in the competition.

Meet Management reserves the right to change session start times once entries are received. Coaches will be notified should session start times change.

COACHES MEETING: December 3, 2026 at 3:15 pm in the meeting room at the Shaw Centre.

If Meet Management has additional updates throughout the meet, they will ensure that a Coach from each team is notified.

OFFICIALS BRIEFINGS: There will be an Officials' briefing 30 minutes prior to the end of warm-ups for each session.

There will be a Senior Officials' briefing 45 minutes prior to the end of warm-ups for each session.

4. LOCATION: Shaw Centre
122 Bowlt Crescent
Saskatoon, SK
306.975.7744

5. FACILITY:

- 10-lane, 25-metre competition pool
- Non-Turbulent Lane Markers
- HY-TEK Meet Manager Computer Software Automatic Electronic Equipment
- Depth at Start End: South End 3.02m
- Depth at Turn End: Mid Pool Bulkhead 3.05m
- Backstroke ledges will be used.
- Three warm-up/warm-down lanes will be available for swimmers for the duration of the morning and afternoon sessions on December 3, 4, 5 and 6.
    - Warm-up/warm-down lanes will not be supervised.
    - Coaching staff are responsible for swimmers utilizing the warm-up/warm-down lanes.
    - Swimmers utilizing the warm-up/warm-down lanes must follow warm-up safety procedures.

6. Meet Manager: Jessica Gibson
meetmanager@laserswimming.ca

Co-Meet Manager: Matt Links
equipment@laserswimming.ca

7. Official's Co-ordinator: Brandy Petersen
officials@laserswimming.ca
306.229.0350

8. Eligibility:

i. Entries will only be accepted for swimmers currently registered with a Swimming Canada or World Aquatics affiliated club.
ii. Swimmers must be entered into the appropriate age category as of the competitor's age on the first day of the competition, December 3, 2026.
iii. Swimmers must be a minimum of 7 years of age as of **December 3, 2026**.
iv. PARA swimmers who are registered with Swimming Canada or a World Aquatics affiliate are eligible to compete.
v. Canadian Para swimmers must have a valid classification as per Classification – Swimming Canada. Foreign Para swimmers must appear on the World Para Swimming Classification Master List.
vi. This is an open swim meet; however, priority will be given to Saskatchewan swim clubs.

9. Qualifying Times:

i. Swimmers must have achieved at least one of the identified times in a long course or short course competition in their age category.
- ***Swimmers must have ONE qualifying ManSask 'A' time standard as per their age category as of December 3, 2026 in order to compete.***
  - ***i. All athletes must qualify in a minimum of one (1) event with up to seven bonus events as follows (to a maximum of 8 swims):***
    - ***1 QT = 7 bonus swims for a total of 8 swims***
    - ***2 QTs = 6 bonus swims for a total of 8 swims***
    - ***3 QTs = 5 bonus swims for a total of 8 swims***
    - ***4 or more QTs = a total of 8 swims***
  - ***ii. Swimmers must have a ManSask 'A' time standard in the 400m Free, 800m Free, 1500m Free and 400 IM to compete in those events. Athletes without a 400 IM time will only be allowed to enter if their coach has submitted a 200 IM time that proves the coach's best 400IM estimate for the event. ManSask time standard***

ii. Paralympic program swimmers must have achieved one Minimal Qualifying Standard (MQS) in their own sport class as per the Swimming Canada 2025 Provincial Standards prior to December 3, 2026
iii. Qualifying times are not required for relay events.
iv. Swimmers registered with a Saskatoon club are not subject to qualifying standard time requirements.

10. Entry Fees:

- $15.00 entry fee per swimmer
- $12.00 per event per individual swimmer entered in the meet.
- $12.00 per relay event.

i. Please make cheque payable to: **SASKATOON LASERS SWIM CLUB**
ii. Clubs can pay via e-transfer: treasurer@laserswimming.ca
iii. Entry Fees must be received 30 minutes prior to Session 1 warm-up on the first day of competition.
iv. No swimmer/team will be allowed to start warm-up until entry fees have been paid in full. **The cheque/e-transfer amount must be consistent with the entry file at closing.**

11. Entries Refund Policy: As per Winter Swimming Policy WC-4. LINK

12. Entry Limit:

i. Swimmers will be limited to a maximum of **8** individual events, plus relays. This includes deck entries.
ii. There will be a maximum of 400 swimmers. Entries will be accepted on a first come, first entered basis, by the date and time the entry file is uploaded.
iii. Saskatoon Lasers Swim Club swimmers will have priority in entering the swim meet, despite when the entry file is uploaded.

13. Entry Process:

i. All entries must be submitted via the Swimming Canada Online Entries System. All swimmers must have a status of Active in order to pass validation. No entries will be accepted by email.
ii. All attending coaches and support staff mut be listed when uploading entries to the National Registration System (REMS). If a coach from the same club as swimmers registered will not be attending the meet, the coach must provide the Meet Manager with the name of the coach and club that will be responsible for their swimmers.
iii. Coach Registration Information: The Swimming Canada coach registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP coaching status.
iv. Entry times are to be uploaded in SC or LC Meters. Converted times will **NOT** be accepted.
v. No Time (NT's) will **NOT** be accepted for individual events.
    a. Please enter a time for every swimmer and every event (Coaches' estimation is acceptable).
        i. 200m IM time must be provable/pass validation if swimmer is entering 400m IM.
vi. Clubs needing support staff for Para and/or Deaf/Hard of Hearing swimmers must be registered with the Meet Manager to access the deck at competitions. Support staff must have an active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.

vii. If you have any questions about entries, please contact Marcia DaCosta at office@laserswimming.ca

14. Relay Entries:

i. Relay names submitted through the entry process will be considered final unless a change is requested.
ii. Relays submitted with no names will be entered as NT
iii. Relay name change forms must be submitted to the Administration Desk **30 minutes prior** to the start of the session in which the relay is swum.
iv. Relay forms are available at the Administration Desk.
v. Swimmers must compete in at least one individual event in order to swim in a relay.
vi. All relay events will be swum in the open age category.
vii. Changes to relays must be submitted to the Administration Desk no later than **30 minutes prior** to the start of the session within which the relay is swum.

15. Deck Entries:

i. Deck entries may be allowed at the discretion of Meet Management and only if space permits. Additional heats will not be created.
ii. **Deck entries for events that require qualifying times require coaches to present proof of time.**
iii. Deck entries cannot be used for a swimmer to exceed the maximum entry limits for a session and/or the meet.
iv. Deck entries will only be accepted for swimmers already entered in the meet.
v. Deck entries are **Exhibition Swims** and therefore will not advance to finals. Deck entries, with payment, must be submitted to the Administration Desk (formerly called Clerk of Course) no later than **45 minutes** prior to the start of the session in which the event is to be swum.
vi. Exhibition swims are not eligible for awards for timed finals.
vii. **The cost for Deck Entries is $20/swim.**
    i. E-transfers to be sent to treasurer@laserswimming.ca
    ii. Cash and cheques are also accepted.

16. Meet Format/Competition:

i. Events will be run as a mix of heats and finals and timed finals as identified in the schedule of events.
ii. Males and Females will compete separately.
iii. If a para swimmer is swimming a shorter distance than the advertised event, coaches are requested to speak to the Meet Manager and Referee prior to the competition start.
iv. **Positive check-ins are required for the 800, 1500 events.**

NOTE: Meet management reserves the right to swim events and/or heats together as necessary.

Finals:

i. All **Olympic Stream 50m events** will be contested using a **Super Final Elimination format.**
    i. All swimmers may enter and compete in the regularly seeded heats of each 50m event. Following the completion of all heats, the **eight (8) fastest swimmers overall** and two alternates, will advance to the Super Final rounds, which will take place at the end of the session.
    ii. The Super Final will be conducted as follows:
        1. **Round 1 – Top 8:** The eight fastest swimmers from the heats advance to compete in Round 1.
        2. **Round 2 – Top 4:** The four fastest swimmers from the Top 8 round advance to compete in Round 2.
        3. **Round 3 – Top 2:** The two fastest swimmers from the Top 4 round advance to a head-to-head final to determine the **Super Final Champion.**
    iii. Advancement from each round will be determined by time.
    iv. 3 minutes of recovery will be provided between elimination rounds, with our schedule events contested between rounds where possible.
    v. If a tie occurs for the final advancing position at any state -8th, 4th or 2nd – the tied swimmers will both advance.
    vi. **Para 50m events will not use the Super Final format and will be contested as Timed Finals.**
ii. **For all other events the following format will be followed for finals:**
    i. There will be an 'A' final in events with less than 24 entries in each group at the entry deadline.
    ii. There will be an 'A' and 'B' final for events with 24 or more entries in each age group at the entry deadline.
    iii. 1500m Freestyle, 800m Freestyle, 400m Freestyle, and 400 IM will run as timed finals only.
    iv. Para 150/200 IM, and Para 200/400 Free will run as timed finals only.
    v. All paralympic events will run as multi-class finals wherein all athletes will race and be ranked against each other regardless of sport class.

Swim Offs:

i. This competition offers preliminary events.
ii. All swim-offs are to be run during or at the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.
iii. Coaches with swimmers tied are to report to the Administration Desk when a swim-off is announced.

17. Seeding:

i. Seeding for Timed Final events will be in the order of entry times, slowest to fastest.
    a. With the exception of Distance Events which will be seeded fastest to slowest.
ii. Seeding for Preliminary Events will be in the order of entry times, slowest to fastest.
iii. PARA-swimmers will be seeded according to their entry time.

18. Start:

i. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Rule II.4.1 and II.15.8.4
ii. Starts from the bulkhead will be permitted for swimmers as per Swimming Canada Rule II.C4.1.1.1 and Canadian Facility Rule C16.1.4.1
iii. In-water starts will be conducted as per Swimming Canada Rule In-water starts will be conducted as per Swimming Canada Rule II.C4.1.1.2 and Canadian Facility Rule II.C16.1.4.1
iv. For Para swimmers/events starts will be conducted as per Rule 11.1 and the subsequent paragraphs, of the Para Swimming rules found in Appendix B of the Swimming Canada Rulebook.
v. Coaches must notify meet management prior to December 1st for all athlete accommodations.
vi. This competition can provide the following accommodations for swimmers who are D/deaf or Hard of Hearing:
    a. Hand signals given by the starter/referee.
    b. An external strobe light
    c. Clubs are to contact Meet Management prior to the competition to discuss accommodations.

19. Scratch Rule:

i. The scratch deadline for Thursday's session is 12:00 noon on Thursday.
ii. The scratch deadline for preliminary events on Friday, Saturday and Sunday shall be **60 minutes after the start of the previous evening's finals.**
iii. The scratch deadline for finals that result from a preliminary swim is 30 minutes after the conclusion of the preliminary session that the event is swum.
iv. Scratches from heats:
    a. Scratches from heats create empty lanes as there will be no re-seeding of heats.

Scratch Penalties:

i. No penalty except for loss of entry fee shall be imposed for late or day of scratches or no-shows for heats and/or timed finals.
ii. A $10.00 penalty will be incurred for scratches submitted after the deadline, or no-show for finals.
    a. Payment should be made before the end of the meet by cash, cheque or e-transfer to treasurer@laserswimming.ca

20. Scoring:

i. There is no scoring for this meet.

21. Awards:

i. Medals will be awarded to the 1st, 2nd, and 3rd place positions in each age group and for each Timed Final, Final and Relay events.
ii. Swimmers must wear team clothing when on medal podium.
iii. A prize will be awarded to the winner of each Super 50 event.

22. Results:

i. Results for individual events will be given in the following age and gender categories:
   - 12&Under Female
   - 13&Under Male
   - 13-14 Female
   - 14-15 Male
   - 15& Over Female
   - 16& Over Male

ii. Results for **relays and super finals** will be given in the open category.
iii. Results may be printed and posted.
iv. Result file to be uploaded to Swimming Canada REMS within 24 hours of conclusion of meet.
v. Unofficial results will be available on Meet Mobile.

23. Official Splits:

i. Official split request must be submitted to Administration Desk a minimum of **30 minutes prior to the start of the session the event is to be swum.**
ii. The team requesting the official split may be required to provide additional trained timers to help take the official split.

24. Officials and Officials Attire

i. There will be an electronic sign-up form available for officials. You can contact our Officials' Co-ordinator for the link at officials@laserswimming.ca, or it will be available on our website: www.laserswimming.ca
ii. We encourage officials from any and all clubs to sign up to help. Please feel free to contact our Officials' Co-ordinator should you have any questions of concerns. Thank you for helping and being a part of our swim meet!
iii. Light snacks and lunches will be provided for officials. It is recommended that officials bring their own labelled water bottles and reusable coffee mugs.

Officials Attire:

iv. Timers and Chief Timer – White Shirt, Black Bottoms and black shoes that can get wet and are safe to walk in on the pool deck.
v. All other officials – Red Shirt, Black Bottoms and black shoes that can get wet and are safe to walk in on the pool deck.
vi. No hats please.

25. Meet Safety Rules:

i. Safety Marshals will be stationed around the pool deck for the duration of the warm-up.
ii. Kick boards, pull buoys and snorkels will be allowed during the warm-up period. Hand paddles, swim tethers, resistance bands, and flippers are not permitted during the warm-up period.
iii. 30 minutes into warm-up Lanes 0, 1, 8 will become dive lanes and will have one-way swimming only.
iv. Lane 9 will be for para athletes only for the duration of the warm-up sessions.
v. Athletes shall not cross lane 9 throughout the duration of the warm-up sessions.
vi. No glass or glass bottles are allowed anywhere in the pool or other sections of the building.
vii. It is the coach's RESPONSIBILITY to inform the swimmers and to ensure their discipline and adherence to the MEET SAFETY RULES.

26. General of Facility Information:

i. Any swimmer, coach or member of public caught vandalizing, using offensive language, or otherwise causing a disturbance shall, at the discretion of the Referee, be disqualified from the meet and asked to leave. The Referee's decision shall be final.
ii. Food is allowed on deck; however, swimmers are expected to clean up after themselves and keep their area clean.
iii. There will be no marshalling zone for athletes at this meet. Coaches are responsible for ensuring their athletes are on deck prior to the start of their event.
iv. Any changes to the meet format will be shared with the coaches at the coaches' meeting.
v. The Saskatoon Lasers Swim Club is not responsible for lost or stolen items. It is the responsibility of each swimmer to ensure that their personal belongings are stored in a secure manner.
vi. Only swimmers competing in this meet, approved coaches, meet officials and volunteers, approved para-swimmer support personnel and approved photographers are allowed on the pool deck during warm-up and competition.

27. Other Meet Related Information:

i. This event will be livestreamed. Livestreamed events and/or video of events will not be used to question the ruling of officials.
    a. The livestream link will be shared via email to coaches once available and posted on the Lasers website: www.laserswimming.ca .

28. Community Information and Accommodations: There are no specific hotels set aside for this meet. However, the hotel closest to the pool is the **Best Western Blairmore: 306.242.2299**

29. Photography/Videography:

i. In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Saskatchewan sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
ii. The full details of the Event Photography and Videography Procedure can be found HERE .
iii. Clubs may appoint one official photographer/videographer for their club to be granted access to a designated area/working deck. Please contact the Meet Manager prior to the competition for permission.
iv. Meet Management may issue accreditation/name tag identifying such person. If tag identification is issued it must be worn at all times.

Swimwear:

i. All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Saskatchewan. It is not required to declare the choice of swimwear to the Referee, if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance. For more information, refer to the Swimwear at Competition document on the Swimming Canada website here

Safe Sport:

i. Swimming Canada and Swim Saskatchewan believe that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment, and discrimination.
ii. Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible. be in an environment or space that is both ‘open’ and ‘observable’ to others. All participants in this event are reminded that they are bound by Swimming Canada’s Policies and Procedures.
iii. Swimming Canada would like to remind coaches and their athletes that deck changing is strongly discouraged. Athletes are asked to please use the facility’s change rooms, or on-deck changing tents if available. Coaches are asked to discourage deck changing and help keep the sport safe for everyone involved.
iv. Swimming Canada Safe Sport Policy found HERE and Swim Sask Safe Sport Policy and Resources HERE
v. Only participating swimmers, officials, registered coaches, and authorized people are allowed on deck.

Schedule of Events:

Session 1 Thursday, December 3, 2026 Warm-up: 3:30 – 4:30 PM -- Start: 4:40 PM		
Women		Men
1	800 Freestyle (*Timed Final)*	2
3	**50m Butterfly Super Final (prelim)**	4
5	**50m Breaststroke Super Final (prelim)**	6
7	400 IM (*Timed Final)*	8
	Events 301 and 303 will be swum together and Events 302 and 304 will be swum together	
301	Para 150 IM (SM1-4) (*Timed Final)*	302
303	Para 200 IM (SM5-14) *(Timed Final)*	304
3	**50m Butterfly Super Final (Final Rounds)**	4
5	**50m Breaststroke Super Final (Final Rounds)**	6

Session 2 Friday, December 4, 2026 Warm-up: 7:00 – 8:00 AM -- Start: 8:10 AM		
Women		Men
305	Para 100 (S1-14) Freestyle	306
9	100 Butterfly	10
307	Para 50 (S1-14) Freestyle	308
11	200 Breaststroke	12
13	100 Backstroke	14
15	200 IM	16
17	400 Freestyle	18

Session 3 Friday December 4, 2026 Warm-up: 4:00 – 5:00 PM -- Start: 5:10 PM		
Women		Men
305	Para 100 (S1-14) Freestyle	306
9	100 Butterfly	10
307	Para 50 (S1-14) Freestyle	308
11	200 Breaststroke	12
13	100 Backstroke	14
15	200 IM	16
17	400 Freestyle	18
19	4x50 Freestyle Relay *(Timed Final)*	20

Session 4 - Saturday, December 5, 2026 Warm-up: 7:00 – 8:00 AM -- Start: 8:10 AM		
Women		Men
	Events 309 and 311 will be swum together and Events 310 and 312 will be swum together	
309	Para 50 (S1-7) Butterfly	310
311	Para 100 (S8-14) Butterfly	312
21	200 Butterfly	22
	Events 313 and 315 will be swum together and Events 314 and 316 will be swum together	
313	Para 50 (S1-5) Backstroke	314
315	Para 100 (S6-14) Backstroke	316
23	200 Backstroke	24
25	200 Freestyle	26
27	100 Breaststroke	28

Session 5 - Saturday, December 5, 2026 Warm-up: 4:00 – 5:00 PM -- Start: 5:10 PM		
Women		Men
	Events 309 and 311 will be swum together and Events 310 and 312 will be swum together	
309	Para 50 (S1-7) Butterfly	310
311	Para 100 (S8-14) Butterfly	312
21	200 Butterfly	22
	Events 313 and 315 will be swum together and Events 314 and 316 will be swum together	
313	Para 50 (S1-5) Backstroke	314
315	Para 100 (S6-14) Backstroke	316
23	200 Backstroke	24
25	200 Freestyle	26
27	100 Breaststroke	28
29	4 x 50 Medley Relay *(Timed Final)*	30

Session 6 - Sunday, December 6, 2026 Warm-up: 7:00 – 8:00 AM -- Start: 8:10 AM		
Women		Men
31	1500 Freestyle *(Timed Final)*	32
33	**50 Backstroke Super Final (prelim)**	34
35	**50 Freestyle Super Final (prelim)**	36
	Events 317and 319 will be swum together and Events 318 and 320 will be swum together	
317	Para 200 (S1-14) Freestyle	318
319	Para 400 (S1-14) Freestyle	320
33	**50 Backstroke Super Final (Final Rounds)**	34
35	**50 Freestyle Super Final (Final Rounds)**	36
37	4 x 50 Mixed Medley Relay *(Timed Final)*	37