



Hosted by the Saskatoon Goldfins Swim Club

SHAW CENTRE, SASKATOON, SK





Sanctioned by Swim Sask
Sept 4, 2026
Revised Sept 14, 2026

Welcome to the Goldfins 50th Invitational

Join us for the Saskatoon Goldfins 50th Invitational from October 22 to 25, 2026, as we celebrate 50 remarkable years of swimming excellence. Held at the prestigious pool set to host the 2027 Best of the West Fest, this event promises to be a thrilling showcase of elite competition among swimmers from diverse backgrounds and skill levels.

Participants will have the chance to demonstrate their talents and vie for medals, all within an atmosphere that celebrates the spirit of sportsmanship and dedication. This Invitational is more than just a competition; it is a gathering that strengthens bonds within the swimming community, fostering friendships and creating memories that will last a lifetime. Whether you are a swimmer aiming for personal bests or a spectator eager to witness exhilarating races, there is something for everyone at this event.

The Saskatoon Goldfins Swim Club respectfully acknowledges that the event takes place on Treaty 6 Territory, the traditional land of the Cree, Dakota, Nakota, Saulteaux, and the homeland of the Métis Nation. We honor the significance of this land to its people and deeply value the privileges granted through this treaty.

Come and celebrate the enduring legacy of the Goldfins Invitational, an event that embodies the pursuit of excellence and the joy of community spirit. Join us in making this milestone occasion truly unforgettable!

COMPETITION HOST:

Saskatoon Goldfins Swim Club

MEET FORMAT:

Preliminaries, Finals & Timed Finals

VENUE:

City of Saskatoon – Shaw Centre
122 Bowlt Crescent
Saskatoon, SK. S7M 0L1

FACILITY:

10 Lane – 25M Competition Tank
4 Lane – 25M Warm-Down Area

MERCHANDISE VENDOR:

Al Anderson's Source for Sports

CONTACTS

MEET MANAGER: Jennifer Robinson

CO-MEET MANAGER: Nicole Gillis-Fehr

ENTRIES CHAIRPERSON/TECHNICAL COORDINATOR:

Jennifer Robinson

jennifer@goldfins.ca

ENTRY DEADLINE: October 9, 2026 (9:59 PM – CST)



Goldfins 50th Invitational

The only meet package which will be considered as valid, is the most current version found on the Swimming Canada website at: [Upcoming Meets - Swimming Canada](#) or in the Registration and Event Management System (REMS).

Swimming Canada Warm-up Competition Safety Procedures will be in effect at this competition. [LINK](#)

The most current version of the Swimming Canada Rules will be in effect for this competition, except as specifically modified in this meet package - [Rules](#) Competition Rules and Procedures contained in this Meet Information Package supersede those found within the Swimming Canada Rulebook.

World Para Swimming Rules in Appendix B of the Swimming Canada Rules will apply except as modified in this meet package for Para swimmers.

All participants in this event are reminded that they are bound by Swimming Canada's and Swim Saskatchewan Policies including but not limited to, the Code of Conduct and Ethics, Athlete Protection Policy, Social media policy as found in the Swim Sask's Safe Sport manual, which can be found [HERE](#)

Rule Highlight on Misconduct Rule Provisions:

Effective September 1, 2026, Rule C2.5.2.1 or C2.3.2.1 of the July 2026 rule book will be enforced.

Misconduct may include deliberate or negligent spitting, spouting water or blowing the nose in the pool or on deck immediately before the start; deliberately kicking or striking the starting platform or back plate; and unsafe or uncontrolled entry into the pool. Additional information and guidance are available on the Swimming Canada Rules webpage at [Guidance-for-Officials-Management-of-Misconduct-rule-update-C2.5.2.1-08.05.26.pdf](#)

- **Name of Meet:** Goldfins 50th Invitational
Dates of competition: October 22 – 25, 2026
Host Club: Saskatoon Goldfins Swim Club
Type of Meet: Invitational
Entry Deadline Date: Entries must be submitted by **Friday, October 9, 2026, 9:59 PM – CST.**
- **Session Times:**
 - Session 1: Thursday, October 22, 2026 Warm-Up 4:30 – 5:20 PM; Competition Start: 5:30 PM
 - Session 2: Friday, October 23, 2026 Warm-up: 7:30 AM – 8:20 AM; Competition Start: 8:30 AM
 - Session 3: Friday, October 23, 2026 Warm-up: 4:00 PM – 4:50 PM; Competition Start: 5:00 PM
 - Session 4: Saturday, October 24, 2026 Warm-up: 7:30 AM – 8:20 AM; Competition Start: 8:30 AM
 - Session 5: Saturday, October 24, 2026 Warm-up: 4:00 PM – 4:50 PM; Competition Start: 5:00 PM
 - Session 6: Sunday, October 25, 2026 Warm-up: 7:30 AM – 8:20 AM; Competition Start: 8:30 AM
 - Session 7: Sunday, October 25, 2026 Warm-up: 3:00 PM – 3:50 PM; Competition Start: 4:00 PM
- A Coaches Technical Bulletin will be made available by email and on the Goldfins Hosted webpage. There will be a coaches meeting will be held on Thursday, October 22, 2026 – 4:00 PM to review any additional changes and/or to address questions that coaches may have. Notification will be given on deck prior to the meeting.
- **Officials' Briefings** will be held in the meeting room 30 minutes before the end of Warm-up time for every session.
- **Senior Officials'** Briefings will be held 45 minutes before the end of Warm-up time for every session.
- Meet Management reserves the right to change session start times once entries are received. Coaches will be notified should the session start times change.
- **Warm-up is only for swimmers registered in the competition.**
- **Location:** Shaw Centre; 122 Bowlt Crescent, Saskatoon, Saskatchewan; Phone: (306) 975-7744



- **Facility:**

- 1 x 25-meter competition pool with 10 lanes will be utilized for both preliminary and finals
- 4 x 25-meter lanes will be available in the mid-pool area for warm-up/cool down during the competition.
- Backstroke ledges will be available for all Backstroke and for Medley Relay events.
- Electronic Timing System
- Hy-Tek Meet Manager 8 Computer Software
- Depth at Start End: South End 3.02 Meters
- Depth at Turn End: Mid pool Bulkhead 3.05 Meters

- **Meet Manager and Co-Meet Manager**

- Meet Manager: Jennifer Robinson – 306-380-0330 – jennifer@goldfins.ca
- Co-Meet Manager: Nicole Gillis-Fehr – 306-270-0724 - nicolegillisfehr@gmail.com

- **Officials' Coordinator**

- Robin Mowat, officials@goldfins.ca

- **Eligibility**

Entries will only be accepted for swimmers currently registered with a Swimming Canada or World Aquatics affiliated club. Swimmers must be at least 7 years old as of October 22, 2026.

- PARA swimmers who are registered with Swimming Canada or a World Aquatics affiliate are eligible to compete. Canadian Para Swimmers must have a valid classification listed on the Swimming Canada website: [Classification – Swimming Canada](#). Foreign Para Swimmers must appear on the [World Para Swimming Classification Master List](#).
- This is an Open Invitational competition open to Canadian swim clubs.
- Swimmers must have attained one (1) Goldfins 50th Invitational Swim Meet Standard in their current age group (See page 13 for the Goldfins 50th Invitational Swim Meet qualifying time standards).
- Qualifying period is from January 1, 2026, to the entry deadline.

- **Qualifying Times**

- During the Qualifying Period, athletes must have attained a minimum of ONE Qualifying Meet Time Standard in their respective age that they will be at the competition. (See last page for Goldfins 50th Invitational Qualifying Time Standards),
- Qualifying times are not required for relay events.
- There are no qualifying times for Para swimmers.

- **Entry Fees**

- \$30.00 athlete surcharge
- \$13.00 per athlete per event
- \$15.00 for each relay team entered
- All entry fees must be received on the first day of the swim meet prior to the start of warm-up. No swimmer/team will be allowed to start warm-up until entry fees have been paid.
- E-transfers will be the only acceptable form of payment. E-transfers should be paid to: payments@goldfins.ca. **E-transfers are to be submitted no later than Monday, October 19, 2026.**
- Please ensure you have included your Club's name in the e-transfer.



- **Entries Refund Policy:**
 - As per Winter Swimming Policy WC-4 found [here](#)
- **Entry Limit:**
 - Swimmers are allowed to enter up to 6 events with **one (1)** required qualifying time standard.
 - Swimmers may enter a maximum of 8 individual events if they have the qualifying time in these events and no more than 3 individual events per day.
 - Entries will be accepted on a first-come, first-entered basis, by the date and time the Entry file is uploaded. This swim meet will have a maximum number of 525 swimmers. Entries will be accepted on a first-come, first-entered basis, by the date and time the Entry file is received.
- **Entry Process**
 - All entries must be via the Swimming Canada Online Entries System. All swimmers must have a status of "Active" in order to pass validation. No entries will be accepted by email.
 - Attending coaches and support staff must be listed when uploading entries via REMS. If a coach from the same club as swimmers registered will not be attending the meet, the coach must provide the Meet Manager with the name of the coach and club that will be responsible for coaching their swimmers.
 - Coach Registration Information: The Swimming Canada coach registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP coaching status.
 - All entries will be validated via the Swim Canada results database.
 - **No Time (NT) WILL NOT be accepted.**
 - Times are to be submitted in the course they were achieved. Converted times **WILL NOT** be accepted.
 - All LCM entries will be converted to SCM and seeded accordingly.
 - It is responsibility of the coach to ensure that all swimmers are qualified and entered appropriately. Swimmers must have a minimum of **ONE (1)** Goldfins 50th Invitational Qualifying Time Standard.

Meet Management reserves the right to limit the number of heats in the 800M and 1500M Freestyle. Distance events limits will be determined based on the session/time-line restrictions. If restrictions are required, swimmers will be selected based off of the psych sheet ranking. Swimmers who are excluded from the 800M or 1500M events will be allowed to select another event.

Please contact Jennifer Robinson – jennifer@goldfins.ca if you have any further questions regarding entries.

- **Relay Entries**
 - Please submit relay entries with names. All relay names must be submitted by **12:00 PM** on the day the relay event will be swam.
 - **Swimmers must compete in at least one event to swim in a relay.**
 - Relays will be Open with a Maximum of 3 Relay Teams/Club
 - The Mixed 200M Medley Relay must have 2 female and 2 male swimmers.
 - Relay order changes must be submitted to the Administration Desk no later than 30 minutes prior to the start of the session within which the relay is swum.
 - Qualifying times are not required for relay entries.



- **Deck Entries**

- Deck entries may be allowed at the discretion of Meet Management and only if space permits; additional heats will not be created. Events/heats with deck entries will not be reseeded.
- Deck entries are for additional swims for swimmers already entered in the competition and have passed registration validation, to swim additional swims in empty lanes. Deck Entries are not for day of competition entries.
- Deck Entries are \$20 per event.
- Deck entries, with payment, must be submitted to the Clerk of Course no later than 45 minutes prior to the start of the session within which the event is swum.
- Deck entries will be entered as NT and will be added to the slowest heat where space is available.
- Deck entries do not count toward a swimmer's maximum individual events.
- Deck entries are "exhibition" and therefore will not advance to finals.

- **Meet Format/Competition**

- All events, except where noted, will be separated by gender.

Event Details

- All events will be swum as heats and finals with the following exceptions: 400M Individual Medley, 800M and 1500M Freestyle events, which will be offered as Timed Finals.
- Meet Management reserves the right to limit the number of heats in both the 800M and 1500M events.
- The 400M Freestyle event will be swum as heats and A Final only for each gender/age group.
- Positive Check-in deadlines will be 30 minutes before the start of each competition session.
 - Thursday: 1500M Freestyle
 - Friday: 400M Individual Medley
 - Saturday: 400M Freestyle
 - Sunday: 800M Freestyle
- Age groups for individual events: 13 & Under, 14 - 15, 16 & Over.
- Females and Males will compete separately in the Prelims & Finals session, except for the Timed Final Events: 1500M Freestyle, 400M Individual Medley, 800M Freestyle and the Mixed Relay.

Age Groups/Gender:

- 13 & U A & B Finals)
 - 14 - 15 (A & B Finals)
 - 16 & Over (A & B Finals)
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- In addition to the 400M Freestyle event, there will be A Finals for all events 200M or shorter.
 - B Finals will take place for events 200M or shorter if there are 24 or more entries in each age group and gender by the entry deadline.
 - **Finals Order:** All Female Events then all Male Events in the following order: 13 & U, 14 – 15, 16 & O
 - The 'A' Final will swim first, followed by the 'B' Final for each event and age category, as applicable.
 - Alternates for Finals: Alternates should position themselves near the starter's podium and check in with one of the referees before their event.
 - If a PARA swimmer competes at a shorter distance than the advertised event, coaches must consult the Meet Manager and Referee before the competition starts. They should follow the same procedure as when requesting an official split, as outlined later in the Meet Package.
 - There are no specific events or entry standards designated for PARA, except for the finals. Para-specific finals will be conducted for the 100m Backstroke, 100m Freestyle, and 100m Breaststroke events. Para swimmers are eligible to compete in the para specific final events, provided they qualify for the event, based on their preliminary time.
 - All swim-offs will be scheduled at a time agreed upon by coaches and officials. Every effort will be made to conduct the swim-off by the end of the session in which the tie occurred.
 - NOTE: Meet management reserves the right to swim events and/or heats together as necessary.



- **Seeding:**
 - Timed Final events will be Senior Seeded. Timed Final events will be swum fastest to slowest.
 - Preliminary heats will be seeded according to procedures in Swimming Canada's Rule II.3.1.
 - No Times Will NOT be accepted.
 - PARA swimmers will be fully integrated into the meet and seeded based on entry times. The Para finals will be seeded based on preliminary results/times. Para swim finals will be swum mixed gender and class.
 - Heats may be swum together as necessary.
- **Start**
 - Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Rule II.4.1 and II.15.1.4
 - Starts may also be conducted from the Deck or Bulkhead as per Canadian Facility Rule II.C4.1.1 and II.C15.1.4.1 (C4.1.1 July 2026 rule book)
 - In-water starts may also be conducted as per Canadian Facility Rule II.C4.1.1 and II.C15.4.1 (C4.1.2 July 2026 rule book).
 - For Para-swimmers/events starts will be conducted as per WPS rules.
 - Starting ledges will be available for the Backstroke events and for the Medley relay events.

d/Deaf or Hard of Hearing Accommodations

- This competition can provide the following accommodation for swimmers who are d/Deaf or Hard of hearing:
 - Non-verbal instruction provided by a support person, who is registered in the Swimming Canada Registration System, as Support Staff, and has status of "Active". Support staff must be included in the club's event entry.
 - Clubs are to contact Meet Management prior to the competition to discuss accommodation's.

• **Scratch Rule**

- **Coaches will be sent a Coach Contact Form Link.** This form must be completed by **Wednesday, October 21, 2026 – 6:00 PM – CST.**
- Coaches will be provided with the scratch form link(s) to scratch their swimmers from the swim meet and/or from specific events.
- Scratches will be submitted electronically. Electronic scratch forms will be provided for each session.
- Preliminary scratches should be received 30 minutes prior to the preliminary sessions.
- Preliminary scratches may be made at any time without penalty except for the loss of entry fee. There will be no re-seeding of timed final or preliminary heats; scratches simply create an open lane.
- Finals session scratches must be received 30 minutes following the conclusion of the preliminary events (excluding timed final events).
- **Swimmers will be penalized for late scratches or no-shows in the Finals sessions.**
 - **Swimmers who do not report to their final will be scratched from the remainder of the session.**
 - **If a swimmer is not in position and ready to swim when the Referee blows a short series of whistles at the beginning of the heat, that swimmer shall be replaced and there will be no reseeding.**
 - **Timed finals are exempt from any penalty.**
- In the case when the swimmer to be replaced is in the A Final when there is no B Final, an alternate will be moved into the A Final.
- In the case when the swimmer to be replaced is in an A Final and there is a B Final, the fastest swimmer in the B Final will be promoted. In turn, an alternate will be moved into the B Final.



- **Scoring**

- Scoring for the meet will be used to determine the Top Age Group award winners: Age groups for individual events: 13 & Under, 14 - 15, 16 & Over.
- Scoring will be as follows:

Goldfins 50th Invitational Individual Age Group Scoring			
Place	Score	Place	Score
1st	24	11th	11
2nd	21	12th	9
3rd	20	13th	8
4th	19	14th	7
5th	18	15th	6
6th	17	16th	5
7th	16	17th	4
8th	15	18th	3
9th	14	19th	2
10th	13	20th	1

- There will be no scoring for relays.

- **Awards**

- Each swimmer and coach will receive a deck pass bag tag.
- Medals will be awarded for 1st, 2nd, and 3rd places in all individual and relay events. Athletes are asked to immediately report to the podium upon official results being announced and ratified.
- Medal podium is located on the North End (located in front of the Large Scoreboard).
- Top Age Group Female and Male awards will be based on cumulative points earned during the meet. Each winner will receive \$50.00.

- **Results**

- Results will be published as:
 - Female/Male – 13 & Under
 - Female/Male – 14 - 15
 - Female/Male – 16 & Over
 - Open Female/Male/Mixed Gender - Relays
- Multi-Class Para Final results will be published separately.
- Official splits will be reported as a separate event in the meet results.
- Unofficial results will be made available on Meet Mobile.
- Official Results will be posted within 48 hours of completion of the swim meet to www.swimming.ca.

- **Official Splits**

- Official Split requests must be submitted to Meet Administration Desk no later than 30 minutes prior to the start of the session in which the split is requested.



- **Officials and Officials Attire**

Officials and volunteers are encouraged to bring their own water bottles; however, food and drink service will be provided to officials.

A successful swim meet is the result of parents volunteering. The Saskatoon Goldfins encourage officials from other clubs to sign up if possible.

Officials from other clubs: Officiating positions will become available for registration, on, or after Monday, September 14, 2026, to register for available officiating positions, visit: [Goldfins 50th Invitational](#)

Interested officials can contact Robin Mowat to inquire as to position availability – officials@goldfins.ca. The Officials registration deadline is Monday, October 19, 2026.

Officials Attire:

- Timers and Chief Timer – White Shirt, Black Bottoms and black shoes that can get wet and are safe to walk in on the pool deck.
- All other officials – Red Shirt, Black Bottoms and black shoes that can get wet and are safe to walk in on the pool deck.
- No hats please.

- **Meet Safety Rules**

- Lane 9 may be designated for PARA swimmers only during warmups.
- Dive starts shall not be made during the warm-up period when two-way swimming is in progress, except during the final 15 minutes of the warm-up period. During this period of time, swimmers will be allowed to dive and swim in one direction in lanes 0 and 8 (from the start end). During the final 15 mins of warm-up, Lane 1 will have backstroke ledges available during this time and will be a designated backstroke start lane. Additional lanes may be opened for dive starts if required.
- Meet Management reserves the right to assign lanes to participating teams during warm-ups, based on swimmer registration per club. Details regarding assigned lanes will be shared during the coaches' meeting.
- Safety marshals will be on the pool deck during the assigned warm-up period. Kick boards, pull buoys and snorkels will be allowed during the warm-up period. Hand paddles and flippers will not be allowed, nor will tubing or cord assisted sprinting.

- **General or Facility Information**

- The space that each team uses will be the responsibility of that team. Teams are expected to keep the areas that they use clean and tidy.
- Food is not allowed on deck. Glass Containers and breakables are not allowed on the pool deck.
- No deck changing will be allowed. Swimmers must use the change rooms to change in and out of bathing suits. Swimmers who change on deck may be removed from the competition.
- Teams are responsible for the conduct of their swimmers. Inappropriate behavior at the pool may result in disciplinary action by Meet Management.
- The Goldfins will not accept responsibility for lost or stolen items. It is the responsibility of each swimmer entered into the meet to ensure that their personal belongings are stored in a secure manner.
- Only swimmers and coaches are allowed on the pool deck. Spectators must remain outside of the pool area or in the upstairs bleachers. Chaperone's will be allowed on the pool deck at the discretion of meet management.

- **Other Meet Related Events**

- The Goldfins Swim Club is pleased to welcome Al Anderson's Source for Sports, which will be on site selling swim equipment.
 - Hours of Operation: TBD
- Swim Meet Merchandise will be available for sale prior to the swim meet. Product distribution will be available at the swim meet.



- **Community Information and Accommodations**

- Hotels:
 - **SANDMAN SIGNATURE SASKATOON SOUTH HOTEL**
 - 2815 Lorne Ave. | Saskatoon SK | S7J 0S5
 - Booking Link : <https://reservations.sandmanhotels.com/113165?&groupID=5394175#/>
 - September 10, 2026 is the Booking Deadline
 - **TOWNEPLACE SUITES SASKATOON**
 - **247 Willis Cres • Saskatoon, SK**
 - Please call hotel directly 306-952-0400, mentioning group code: GOL
- There are numerous amenities within the Blairmore area located within walking distance to the Shaw Center Pool.

- **Photography/Videography**

- a) In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Saskatchewan sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
- b) The full details of the Event Photography and Videography Procedure can be found [HERE](#)
- c) Clubs may appoint one official photographer for their club to be granted access to a designated area/working deck. Please contact Meet Manager prior to the competition for permission.
- d) Meet Management may issue an accreditation/name tag identifying such person. If a tag is issued; then it must be worn at all times.

Safe Sport

- a) Swimming Canada and Swim Saskatchewan believe that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment, and discrimination.
- b) Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures.

Swimming Canada would like to remind coaches and their athletes that deck changing is strongly discouraged. Athletes are asked to please use the facility's change rooms, or on-deck changing tents if available. Coaches are asked to discourage deck changing and help keep the sport safe for everyone involved.

Swimming Canada Safe Sport Policy found [HERE](#) and Swim Sask Safe Sport Policy and Resources [HERE](#)

Only participating swimmers, officials, registered coaches, and authorized people are allowed on deck.

Swimwear

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Saskatchewan. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

For more information, refer to the Swimwear at Competition document on the Swimming Canada website [here](#)



List of Events

Goldfins 50th Invitational Event List			
Thursday, October 22, 2026 - 5:30 PM			
Mixed	Female	Event	Male
	1	100M Individual Medley	2
3		1500M Freestyle (TF)	
Friday, October 23, 2026 - 8:30 AM			
	Female	Event	Male
	5	200M Freestyle	6
7		400M Individual Medley (TF)	
	9	100M Backstroke	10
	11	200M Breaststroke	12
	13	50M Freestyle	14
	15	100M Fly	16
Friday, October 23, 2026 - 5:00 PM			
Mixed	Female	Event	Male
	5	200M Freestyle	6
	1	100M Individual Medley	2
	9	100M Backstroke	10
	309	100M Backstroke (Para)	310
	11	200M Breaststroke	12
	13	50M Freestyle	14
	15	100M Fly	16
17		Mixed 200M Freestyle Relay (Open - TF)	



Saturday, October 24, 2026 - 8:30 AM

	Female	Event	Male
	19	50M Backstroke	20
	21	200M Individual Medley	22
	23	100M Breaststroke	24
	25	200M Fly	26
	27	400M Freestyle	28

Saturday, October 24, 2026 - 5:00 PM

	Female	Event	Male
	19	50M Backstroke	20
	21	200M Individual Medley	22
	23	100M Breaststroke	24
	323	100M Breaststroke (Para)	324
	25	200M Fly	26
	27	400M Freestyle	28
	29	200M Freestyle Relays (Open - TF)	30

Sunday, October 25, 2026 - 8:30 AM

Mixed	Female	Event	Male
	31	200M Backstroke	32
	33	50M Breaststroke	34
	35	100M Freestyle	36
	37	50M Fly	38
39		800M Freestyle (TF)	

Sunday, October 25, 2026 - 4:00 PM

	Female	Event	Male
	31	200M Backstroke	32
	33	50M Breaststroke	34
	35	100M Freestyle	36
	335	100M Freestyle (Para)	336
	37	50M Fly	38
	41	200M Medley Relays (Open - TF)	42





Goldfins 50th Invitational Time Standards

Female 11 & Under			Female 12 Years		Female 13 Years		Female 14 Years		Female 15 Years		Female 16 & Over	
Event	Short Course	Long Course	Short Course	Long Course	Short Course	Long Course	Short Course	Long Course	Short Course	Long Course	Short Course	Long Course
50 Free	39.53	40.47	36.77	37.64	35.11	35.95	34.06	34.87	33.55	34.35	33.21	34.00
100 Free	1:26.97	1:28.48	1:20.89	1:22.29	1:17.25	1:18.58	1:14.93	1:16.23	1:13.80	1:15.08	1:13.07	1:14.33
200 Free	3:09.12	3:12.49	2:55.88	2:59.01	2:47.97	2:50.96	2:42.93	2:45.83	2:40.48	2:43.34	2:38.88	2:41.71
400 Free	6:38.87	6:48.75	6:10.95	6:20.14	5:54.25	6:03.03	5:43.63	5:52.14	5:38.47	5:46.86	5:35.09	5:43.39
800 Free	13:47.68	14:09.30	12:49.75	13:09.85	12:15.11	12:34.31	11:53.05	12:11.68	11:42.36	12:00.70	11:35.34	11:53.50
1500 Free	27:05.10	27:45.60	25:11.35	25:49.01	24:03.34	24:39.30	23:20.04	23:54.92	22:59.04	23:33.40	22:45.25	23:19.27
50 Back	45.66	46.65	42.46	43.39	40.55	41.44	39.33	40.19	38.74	39.59	38.36	39.19
100 Back	1:37.22	1:39.39	1:30.41	1:32.43	1:26.34	1:28.27	1:23.75	1:25.62	1:22.50	1:24.34	1:21.67	1:23.49
200 Back	3:29.60	3:36.41	3:14.93	3:21.26	3:06.15	3:12.20	3:00.57	3:06.44	2:57.86	3:03.64	2:56.08	3:01.80
50 Breast	51.01	51.89	47.44	48.26	45.31	46.09	43.95	44.70	43.29	44.03	42.86	43.59
100 Breast	1:50.31	1:53.43	1:42.59	1:45.49	1:37.97	1:40.74	1:35.03	1:37.72	1:33.60	1:36.25	1:32.67	1:35.29
200 Breast	3:58.78	4:05.43	3:42.06	3:48.25	3:32.07	3:37.98	3:25.71	3:31.44	3:22.62	3:28.27	3:20.60	3:26.19
50 Fly	43.41	43.70	40.37	40.64	38.55	38.81	37.40	37.65	36.84	37.08	36.47	36.71
100 Fly	1:36.75	1:37.90	1:29.98	1:31.04	1:25.93	1:26.95	1:23.35	1:24.34	1:22.10	1:23.07	1:21.28	1:22.24
200 Fly	3:38.83	3:44.57	3:23.51	3:28.85	3:14.36	3:19.45	3:08.53	3:13.47	3:05.70	3:10.57	3:03.84	3:08.66
200 IM	3:33.59	3:39.83	3:18.64	3:24.44	3:09.70	3:15.24	3:04.01	3:09.38	3:01.25	3:06.54	2:59.44	3:04.67
400 IM	7:34.16	7:46.18	7:02.37	7:13.55	6:43.36	6:54.04	6:31.26	6:41.62	6:25.39	6:35.59	6:21.54	6:31.64
Male 12 & Under			Male 13 Years		Male 14 Years		Male 15 Years		Male 16 Years		Male 17 & Over	
Event	Short Course	Long Course	Short Course	Long Course	Short Course	Long Course	Short Course	Long Course	Short Course	Long Course	Short Course	Long Course
50 Free	36.92	38.08	34.15	35.22	32.44	33.46	31.31	32.29	30.52	31.48	30.07	31.01
100 Free	1:20.67	1:22.80	1:14.62	1:16.59	1:10.89	1:12.76	1:08.41	1:10.22	1:06.70	1:08.46	1:05.70	1:07.44
200 Free	2:56.84	3:01.34	2:43.58	2:47.74	2:35.40	2:39.35	2:29.96	2:33.78	2:26.21	2:29.93	2:24.02	2:27.68
400 Free	6:15.23	6:27.15	5:47.09	5:58.11	5:29.73	5:40.20	5:18.19	5:28.30	5:10.24	5:20.09	5:05.58	5:15.29
800 Free	13:07.27	13:33.54	12:08.23	12:32.52	11:31.82	11:54.90	11:07.60	11:29.88	10:50.91	11:12.63	10:41.15	11:02.54
1500 Free	25:05.27	25:45.71	23:12.37	23:49.79	22:02.76	22:38.30	21:16.46	21:50.76	20:44.55	21:17.99	20:25.88	20:58.82
50 Back	42.69	43.85	39.49	40.56	37.51	38.53	36.20	37.18	35.30	36.25	34.77	35.71
100 Back	1:30.76	1:34.42	1:23.95	1:27.34	1:19.75	1:22.97	1:16.96	1:20.07	1:15.04	1:18.06	1:13.91	1:16.89
200 Back	3:16.00	3:24.12	3:01.30	3:08.81	2:52.23	2:59.37	2:46.21	2:53.09	2:42.05	2:48.77	2:39.62	2:46.24
50 Breast	47.82	48.37	44.23	44.74	42.02	42.51	40.55	41.02	39.54	39.99	38.94	39.39
100 Breast	1:42.55	1:45.85	1:34.86	1:37.91	1:30.11	1:33.01	1:26.96	1:29.76	1:24.79	1:27.51	1:23.52	1:26.20
200 Breast	3:43.53	3:50.48	3:26.77	3:33.20	3:16.43	3:22.54	3:09.55	3:15.45	3:04.82	3:10.56	3:02.04	3:07.71
50 Fly	40.64	40.87	37.59	37.80	35.71	35.91	34.46	34.66	33.60	33.79	33.10	33.28
100 Fly	1:29.81	1:30.79	1:23.08	1:23.98	1:18.92	1:19.78	1:16.16	1:16.99	1:14.26	1:15.06	1:13.14	1:13.94
200 Fly	3:21.04	3:26.92	3:05.96	3:11.40	2:56.66	3:01.83	2:50.48	2:55.47	2:46.22	2:51.08	2:43.72	2:48.51
200 IM	3:18.92	3:24.05	3:04.00	3:08.75	2:54.80	2:59.31	2:48.68	2:53.03	2:44.47	2:48.71	2:42.00	2:46.18
400 IM	7:05.92	7:19.98	6:33.97	6:46.99	6:14.27	6:26.64	6:01.17	6:13.10	5:52.14	6:03.78	5:46.86	5:58.32