



Regina Marlin Swim Club

Presents
Norm Banfield Memorial
Open Development Meet

October 2nd, 2026 to October 4th, 2026

Lawson Aquatic Centre, Regina Saskatchewan



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Sanctioned by Swim Sask
Sept 4, 2026

The Regina Marlins Swim Club acknowledge that we train and compete on Treaty 4 territory, traditional lands of the nêhiyawak, nakawē, and Nakota nations, and homeland of the Métis, Lakota, and Dakota nations. With gratitude, we welcome swimmers from this and other treaty territories, in the spirit teamwork, competition, and respect. As beneficiaries of the treaties, we acknowledge that our ability to gather and compete here comes with shared responsibility to commit ourselves to learning, collaboration, and reconciliation.

- The only meet package which will be considered as valid, is the most current version found on the Swimming Canada website at: [Upcoming Meets - Swimming Canada](#) or in the Registration and Event Management System (REMS).
- Swimming Canada Warm-up Competition Safety Procedures will be in effect at this competition. [LINK](#)
- The most current version of the Swimming Canada Rules will be in effect for this competition, except as specifically modified in this meet package - [Rules](#) Competition Rules and Procedures contained in this meet information Package supersede those found within the Swimming Canada Rulebook.
- World Para Swimming Rules in Appendix B of the Swimming Canada Rules will apply for Para swimmers except as specifically modified in this meet package – [Rules](#)
- All participants in this event are reminded that they are bound by Swimming Canada's and Swim Saskatchewan Policies including but not limited to, the Code of Conduct and Ethics, Athlete Protection Policy, Social media policy as found in the Swim Sask's Safe Sport manual, which can be found [HERE](#)

Rule Highlight on Misconduct Rule Provisions:

Effective September 1, 2026, Rule C2.3.2.1 (or C2.5.2.1 of new rule book if published) will be enforced.

Misconduct may include deliberate or negligent spitting, spouting water or blowing the nose in the pool or on deck immediately before the start; deliberately kicking or striking the starting platform or back plate; and unsafe or uncontrolled entry into the pool. Additional information and guidance are available on the Swimming Canada Rules webpage at [Guidance-for-Officials-Management-of-Misconduct-rule-update-C2.5.2.1-08.05.26.pdf](#)

1. Name of Meet:

- **Norm Banfield Memorial 2026**
- Dates: October 2nd, 2026 to October 4th, 2026
- Type: Developmental

2. Entry Deadline:

- Entries must be uploaded to the Swimming Canada System no later than **9:59pm on Wednesday September 23rd, 2026.**

3. Session Times:

- **Session #1:** Friday October 2nd, 2026
Warm-up: 4:30pm to 5:30pm
Competition Start: 5:40pm
- **Session #2:** Saturday October 3rd, 2026
Warm-up: 8:30am to 9:30am
Competition Start: 9:40am

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- **Session #3:** Saturday October 3rd, 2026
Warm-up: 4:00pm to 5:00pm
Competition Start: 5:10pm
 - **Session #4:** Sunday October 4th, 2026
Warm-up: 8:30am to 9:30am
Competition Start 9:40am
- **Coaches meeting:** There will be a Coaches meeting on Friday October 2nd, 2026 at 5:15pm in the equipment room. Additional meetings may be called 15 minutes prior to each session warm up if additional information is required.
 - **Official Briefings:** Officials briefing will take place 45 minutes prior to the start of each session.
 - **Safety Marshals:** There will be a briefing for safety marshals 15 minutes before the start of each warm-up
 - **Warm-up is only for swimmers registered in the competition.**
 - **Meet Management reserves the right to change start times once entries are received. Coaches will be notified should the session times change.**

4. Location:

Lawson Aquatic Centre - 1717 Elphinstone Street, Regina, SK 306-777-7529

5. Facility:

- One - 8 lane 25-meter competition pool with non-turbulent lane markers
- One - 8 lane, warm up/cool down pool.
- Backstroke ledges will be provided for use in backstroke events.
- Quantum Timing system and HY-TEK Meet Management Software will be used. Stop watches will only be used if there are technical issues.
- Pool Depth at Start end 4.9 meters
- Pool Depth at Turn end 2.2 meters

6. Meet Manager:

Tanis Melanson 780-887-0682
reginamarlinsmeetmanager@gmail.com

7. Officials Coordinator:

Tanis Melanson - reginamarlinsmeetmanager@gmail.com

8. Eligibility:

- Entries will only be accepted for swimmers currently registered with a Swimming Canada or World Aquatics affiliated club.
- Swimmers must be a minimum of 7 years of age as of October 2nd, 2026.
- Para Swimmers who are registered with Swimming Canada or a World Aquatics affiliate are eligible to complete. Canadian Para Swimmers must have a valid classification listed on the Swimming Canada website: [Classification – Swimming Canada](#) Foreign Para Swimmers must appear on the [World Para Swimming Classification Master List](#)
- This competition will be open to all provinces of Canada but if the number of Saskatchewan swimmers is high (approx. 325) priority will go to Saskatchewan swimmers.

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9. Qualifying Times

- There will be no qualifying times for this meet.

10. Entry Fees

- \$10 Surcharge
- \$9 per individual event
- \$15 per individual event for deck entries
- \$20 for relay race
- Payment can be made by cheque made payable to: Regina Marlins Swim Club
 - Or E-transfer to office@reginamarlins.com (E-transfers must be made by October 1st, 2026 at noon)
- If payment is not received prior to the swim meet, please bring payment to the meet. **Meet fees must be paid before team's swimmers enter the pool for warm-ups (please refer to Winter Swimming Policy [found here](#)) and before heat sheets will be given to their coaching staff.

11. Entry Refund Policy

- As per Winter Swimming Policy WC-4 [found here](#)

12. Entry Limit

- A Swimmer may enter a maximum of 2 events per session to a maximum of 8 individual events plus 2 relays.
- The 400M Free & the 400M IM will be swum as a combined women and men events.
- There will be a maximum of 32 total swimmers for the 800 free, of which there will be 12 entries reserved for the host club. The 800 will be a maximum of four heats, combined women and men event. Entries will be accepted on a first come-first served basis until the maximum number of entries is received. If this event fills, coaches will be notified immediately following entry deadline and given 24 hours to select a new event.

13. Entry Process

- All entries must be submitted via the Swimming Canada Online Entries System. All swimmers must have a status of "Active" in order to pass validation. No entries will be accepted by email.
- All Attending coaches and support staff must be listed when uploading the entry file.
- If a coach from the same club as swimmers registered is not attending the meet, the coach must provide the Meet Manager with the name of the coach and club that will be responsible for coaching their swimmers.
- Coach Registration Information: The Swimming Canada Coach Registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP Coaching status.
- Entry times should be uploaded in SC meters and converted times will be accepted.
- No Times (NT's) will not be accepted. Coach estimated times are acceptable.
- Questions can be directed to Tanis Melanson reginamarlinsmeetmanager@gmail.com

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14. Relay Entries

- Names must be provided for relay events at time of entries.
- All relay events are mixed and can be any combination of gender. However, relays that do not have 2 males and 2 females are considered exhibition.
- Relays are Open to all swimmers and there will be no age categories.
- **Changes to teams can be made up to 30 minutes prior to the start of the session in which the relay is swum.**
- Relay swimmers must be properly entered in at least ONE individual event.
- A swimmer may only participate in ONE relay team and may only swim one leg of a relay.
- Swim clubs may enter a maximum of FOUR relay teams per event.
- There are no qualifying times for relay events. To obtain a seeding time, it is recommended that a team time be submitted.
- No ribbons will be awarded for relays.

15. Deck Entries

- Deck entries for individual events may be allowed at the discretion of the Meet Manager and/or the Administration Clerk, and only if space permits; additional heats will not be created.
- Deck entries are for additional swims for swimmers already entered in the competition and have passed registration validation, to swim additional races in empty lanes. Deck entries are not for day of competition entries.
- Deck entries cannot allow a swimmer to exceed the entry limit.
- Deck entries must be submitted to the Administration Desk no later than **45 minutes** prior to the start of the session in which the event is to be swum. Deck entries will require a payment of **\$15.00** per individual swim. Payment will be required prior to entry into the event.
- Deck entries for Relays will not be accepted.
- Deck entries are exhibition and will not qualify for awards.

16. Meet Format

- Short Course
- All Events will be swum as timed finals
- Females and Males will compete separately in the individual events, but heats may be combined as necessary.
- Relays will be mixed so no records can be set.
- The 400 & 800 free & 400 IM are a combined women and men events; no records can be set.
- There are no Para-specific events or entry standards.
- If your Para Swimmer requires mats to enter or exit the edge of the pool, please notify meet manager.

17. Seeding

- All events will be senior seeded according to entry times and swum slowest to fastest except for the 800 free event, which will be swum fastest to slowest.
- Para swimmers will be seeded according to their entry time
- NOTE: Meet Management reserves the right to swim events and/or heats together as necessary.

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18. Starts

- Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Rule II.4.1 and II.15.1.4
- Starts can be conducted from the Deck or Bulkhead as per Canadian Facility Rule II.C4.1.1 and II.C15.1.4.1 (C4.1.1 July 2026 rule book)
- In-water starts can be conducted as per Canadian Facility Rule II.C4.1.1 and II.C15.1.4.1 (C4.1.1 July 2026 rule book)
- For Para swimmers/events, starts will be conducted as per WPS Rules

d/Deaf and Hard of Hearing Accommodations

- Non-verbal instruction provided by a support person who is registered in the Swimming Canada Registration system as Support Staff and has a status of “Active”. Support Staff must be included in the club’s even entry.
- Visual Start hand signals given by the starter/referee
- Facility external strobe light is available.
- Club’s are to contact Meet Management prior to the competition to discuss accommodation’s.

19. Scratch Rules

- Scratches from heats simply create empty lanes, as there shall be no re-seeding, unless decided by Meet Manager and Referee.
- Scratches from heats may be made at any time without penalty except for loss of entry fee.
- Clubs are requested to report any scratches no later than 30 minutes prior to the start of each session.
- If there is no scratch for a swimmer after 30 minutes prior to start of session swimmer will be listed as DNS (Did Not Swim)

20. Scoring:

- This event will not be scored.

21. Awards:

- Ribbons will be awarded for placements 1 through 8 for each event per age group (please see results for age group placings).
- Each session there will be additional prizes drawn. There will be 8 additional prizes per session. To be eligible, swimmers must swim at least once in the session.
- There will be no ribbons awarded for relays.

22. Results

- Result file to be uploaded to Swimming Canada REMS within 24 hours of conclusion of meet.
- Female results for swimmers will be reported in the following age categories
 - 10 & Under, 11 & 12, 13 & 14, and 15 & Over.
- Male results for swimmers will be reported in the following age categories
 - 11 & Under, 12 & 13, 14 & 15, and 16 & Over.
- Relay results will be published as:
 - Female 10 & Under, 11 and Over
 - Male 11 & Under, 12 & Over
- If possible, unofficial results will be available on Meet Mobile.

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23. Officials Splits

- Meet Management requires, that a coach wishing to rely on a time achieved by a swimmer for an interval shorter than the total distance of the event, must advise the Referee and Meet Management prior to the commencement of the event in question.
- Official Split requests must be submitted to the Administration Desk a minimum of **30 minutes** prior to the start of the session that the event is being held. The Official Split Request Form is available through Administration Desk or by downloading [here](#).
- Such Official split shall then be reported as a separate event in the meet results.

24. Officials:

- Register at: <https://www.signupgenius.com/go/20F0D4FACA92DA5F9C43-65477452-norm>
 - Complementary hospitality will be available. – Please bring your own water bottle to fill
- Officials briefing will take place 45 minutes prior to the start of each session.
- Safety Marshall briefing will take place 15 minutes prior to the start of the warmup.
- Officials from all clubs are requested to participate in officiating at the meet in whatever positions they are qualified in. (There will be a prize draw for the officials, one per session)

Officials Attire:

- Timers and Chief Timer – White Shirt, Black Bottoms and black shoes that can get wet and are safe to walk in on the pool deck
- All other officials- Red Shirt, Black Bottoms and black shoes that can get wet and are safe to walk in on the pool deck
- No hats please

25. Meet Safety Rules

- There will be no warm-up lane assignments. As lanes are usually crowded, co-operation and courtesy of all coaches and athletes is required.
- During warmups the warmup/cool down tank will be in use.
- [Swimming Canada Competition Warm-Up Safety Procedures](#) will be in effect.
- Diving starts shall not be made during the warm-up period when two-way swimming is in process.
- When there is 30 minutes remaining in the warm-up session lanes 1 and 8 will be open for diving.
- Lanes 2 and 7 will open with 30 minutes left for back stroke starts with the back stroke ledges.
- Depending on the number of Para Swimmers (and their sport classes) entered in the meet, there may be one lane during warm-ups designated for Para Swimmers only.
- Safety marshals will be on the pool deck during the warm-up period.
- Kickboards and pull buoys will be allowed during the warm-up period.
- Hand paddles and flippers will not be allowed, nor will tubing or cord assisted sprinting.
- There will not be pace lanes.

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26. General Information

- All Clubs are required to sit in the designated swimmers' area on the south side of the pool.
- Any changes to the meet information or format will be provided to the coaches via email prior to the meet or at the coaches meeting.
- Glass containers or breakables are not allowed on the pool deck.
- The Lawson Aquatic Centre or RMAR will not accept responsibility for any lost or stolen items. It is the responsibility of each swimmer entered into the swim meet to ensure that their personal belongings are stored in a secure manner.
- Tables and chairs will be set up along the South side of the pool deck for coaches.
- Teams are expected to keep the areas that they use clean and tidy.
- Sunflower seeds are also not allowed on the pool deck.
- Swimmers will follow rules set by the Lawson Aquatic Centre with regards to consumption of food and beverages on the pool deck.
- No deck changing will be allowed. Swimmers must go to the change room to change in and out of bathing suits. Swimmers who change on deck may be removed from the competition.
- Swimmers caught vandalizing pool property or using offensive language will be disqualified from the meet and any expenses incurred as a result of the vandalism will be billed to their club.
- Your cooperation is expected in helping the officials to provide a quiet start for each race.
- Only swimmers registered in the meet will be allowed in the pool, including warmups.
- The hot tub will be closed for use during the swim meet. It will reopen after the last event in the last session.
- The use of the warm-up and cool -down pool will be open to swimmers in the current session only. If your swimmer is not registered in an event in that session, they are not able to use the warm-up and cool-down pool.
- Spectators may view events from the bleachers on the north side of the pool only.

27. Other Meet Related Events

- There will be a raffle table

28. Community Information and Accommodations:

- There are no specific hotels set aside for this meet. The hotels closest to the pool are: Residence Inn Regina (639)739-3010 and Four Points by Sheraton Regina (306)789-8008.

29. Photography/Videography

- In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Saskatchewan sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts or in locker rooms, bathrooms or any other dressing area.
- For Full details see the Event Photography and Videography Procedure Policy [Link](#)
- Clubs may appoint one official photographer for their club to be granted access to a designated area/working deck. Please contact Meet Manager prior to the competition for permission.
- Meet Management may issue an accreditation/name tag identifying such person. If a tag is issued, then it must be worn at all times.

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Safe Sport

- Swimming Canada and Swim Saskatchewan believe that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment, and discrimination.
- Swimming Canada is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.
- All participants in this event are reminded that they are bound by Swimming Canada's Policies and Procedures.
- Swimming Canada would like to remind coaches and their athletes that deck changing is strongly discouraged. Athletes are asked to please use the facility's change rooms, or on-deck changing tents if available. Coaches are asked to discourage deck changing and help keep the sport safe for everyone involved.
- Swimming Canada Safe Sport Policy found [HERE](#) and Swim Sask Safe Sport Policy and Resources [HERE](#)
- Only participating swimmers, officials, registered coaches, and authorized people are allowed on deck.

Swimwear

- All Swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Saskatchewan. It is not required to declare the choice of swimwear to the Referee, if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
- For more information, refer to the Swimwear at Competition document on the Swimming Canada website [here](#)

30. List of Events

Event List

Session 1 – Friday October 2nd
Warm up 4:30pm to 5:30pm Start 5:40pm

Female Event #	Event Description	Male Event #
1	50 FR	2
3	200 BR	4
5	100 BK	6
7	400 IM* Mixed	

- All Events are available to all swimmers

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Session 2 – Saturday October 3rd, 2026
Warm up 8:30am- 9:30am Start 9:40am

Female Event #	Event Description	Male Event #
9	400 FR MIXED	
11	100 FLY	12
13	200 IM	14
15	50 BR	16
17	100 FR	18

- All Events are available to all swimmers

Session 3 – Saturday October 3rd, 2026
Warm up 4:00pm to 5:00pm Start 5:10pm

Female Event #	Event Description	Male Event #
19	50 BK	20
21	200 FLY	22
23	100 BR	24
25	200 FR	26
27	Open 4 x50 Mixed Free Relay*	

- *Relays are mixed
- All Events are available to all swimmers

Session 4– Sunday October 4th, 2026
Warm up 8:30am – 9:30am Start 9:40am

Female Event #	Event Description	Male Event #
29	Open 4x50 Mixed IM Relay*	
31	100 IM	32
33	200 BK	34
35	50 FLY	36
37	800 FR Mixed	

- *Relays are mixed
- All Events are available to all swimmers